

# EURAXESS AND WELL BEING

---

How EURAXESS can promote well being?





## SECOND PART

- EURAXESS aim and services
- EURAXESS Mentoring program for International Researchers
- REBECA by EURAXESS mentoring program
- Sharing activity and final remarks

# HOW EURAXESS CAN PROMOTE WELL BEING?

---



**Elisa Garcia, PhD**  
**EURAXESS-Spain**  
**FECYT**



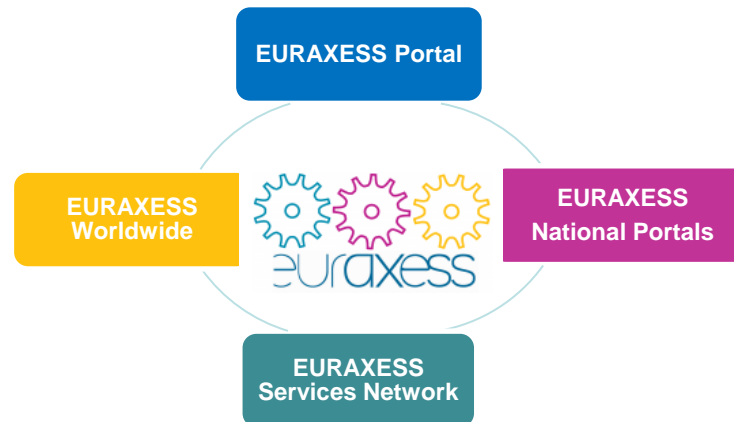
# EURAXESS and Well being



## ○ The mission:

facilitating building a common European labour market of researchers by providing free information services, and timely and high-quality support to **facilitate the relocation** and **career development** of researchers in Europe.

## ○ The tools



# EURAXESS and Well being



## Mobility

### EURAXESS



JOB  
S &  
FUN  
DING

CAREER  
DEVELOPMENT

PARTNERING

INFORMATION  
& ASSISTANCE

NATIONAL  
PORTALS

EURAXESS  
WORLDWIDE

MY  
EURAXESS

EXTRANET



### Search for jobs



### EURAXESS



JOB  
S &  
FUN  
DING

CAREER  
DEVELOPMENT

PARTNERING

INFORMATION  
& ASSISTANCE

NATIONAL  
PORTALS

EURAXESS  
WORLDWIDE

LOGIN /  
REGISTER



### Browse for funding



# EURAXESS and Well being



## Mobility

### EURAXESS GERMANY



JOBS &  
FUNDING

CAREER  
DEVELOPMENT

PARTNERING

INFORMATION  
& ASSISTANCE

NETWORK  
EURAXESS GERMANY

LOGIN /  
REGISTER



#### LIVING IN GERMANY

Culture and language of Germany

Entry conditions and visas

Social security

Family

Daily life

Accommodation

Information for refugees who wish to study in Germany

#### WORKING IN GERMANY

Finding an academic host

Recognition of qualifications

Work Permit

Taxation

Dual Career

Intellectual Property Rights (IPR)

#### LEAVING GERMANY

Departure conditions/formalities

Working abroad

Taxation

Social security

Family

#### RETURNING TO GERMANY

Transfer of entitlements accrued abroad

Networks for returning researchers

Collected information and FAQ

# EURAXESS and Well being



## Mobility

EURAXESS  
Mentoring  
Program for  
international  
researchers  
coming to Europe



## Intercultural Assistant

RESOURCES GUIDE

CULTURE

BOOST YOUR INTERCULTURAL COMPETENCE

COMPARE CULTURES

SOCIALISING

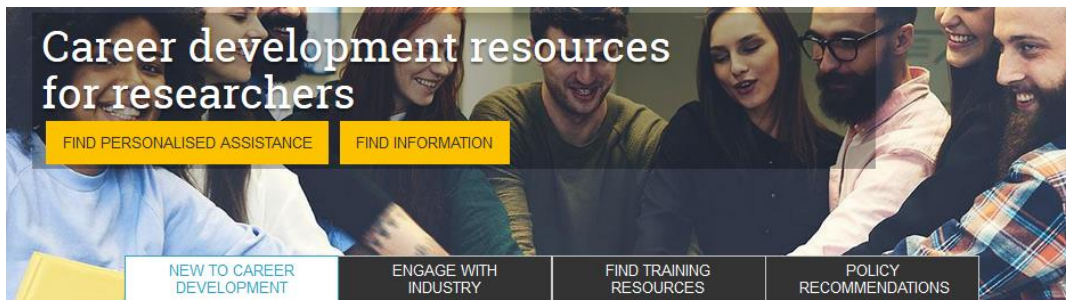
The **EURAXESS Intercultural Assistant for Researchers** aims at raising your awareness of the complexity of the intercultural encounters you are likely to experience as a researcher on the move. It consists of four sections.



# EURAXESS and Well being



## Career Development



### Resources for use by researchers directly

All resources intended for use by researchers directly are accessible free of charge via the main EURAXESS website without membership being necessary. It is important that any EURAXESS members delivering services in line with the EURAXESS career development service model are familiar with resources available and able to point researchers in the right direction. The tools for researchers currently available through the website are accessible [here](#) and include the following:

- + No Limits Career Orientation Tool
- + Career Handbook for Young Researchers
- + Industry Career Development Module
- + Manual for Scientific Entrepreneurship
- + Researcher Careers Kit
- + Intercultural Assistant Tool
- + Talent Development Suit
- + Researcher Profile
- + Policy recommendations aimed at researchers themselves

**RESEARCHERS  
BEYOND  
ACADEMIA  
MENTORING  
PROGRAMME**  
by EURAXESS





# EURAXESS AND WELL BEING



Is there any connection between EURAXESS actions and Well being?



# EURAXESS and Well being



## Is there any connection?

- Survey
- EURAXESS Mentoring program for International Researchers
- REBECA by EURAXESS mentoring program

# EURAXESS and Well being



**Is there any connection?**

Survey

How useful do you see these actions for your well being?

Go to the link: <https://www.menti.com/pdpqtvr2oh>

